

## REFLECTING ON GPE DEVELOPMENT

01/15/2023

Hello GPE practitioners,

I wish to reflect on my GPE development and progress because I actually had a wonderful experience this Friday the 13th of January 2023. Each day I made an effort to be at the gym early in the morning whether I am on the way home after the night shift or have a day off. Today, on the way to the gym I suddenly saw the image of the weight station with everything set for me and immediately the thought of a "cookie crumb" that I mentioned in my New Year's message. I was touched when I saw 2 stations were set up for me. I actually felt God's Invisible Hand (GIH) touching me and heard God's Silent Voice (GSV) confirming that the GPE process works!

This Friday morning, I was touched by God and it was powerful. The last time I felt this strong was on Christmas Eve 1990, and He held my hopeless/weak body as I prayed with tears of sorrow. On the night of my car accident, Friday the 13th of April 1990, I heard a loud voice saying, "*You plan things, I make things happen!*" This morning, Friday the 13th of January 2023, the Lord gave me a confirmation, "*You were created for this task.*" During my NDE, I faced the Lord and did not want to come back to earth. He presented an assignment for me and I only had one answer. I agreed to take this assignment because of the love and respect for the Lord when I was in His Presence. Over the years, I continued to stay on course because of this incredible encounter with the Lord. Today, the Lord confirmed to me that God created my soul for this mission. I do not want to be boastful, but I need to present the fact that my soul was trained and equipped with everything to do this job. Similarly, all of your souls were uniquely created and trained to do your tasks. In this system, each one is specially designed to fit a part that nobody else can do. Therefore, with this confirmation from the Lord, I will make the GPE system work and help the humans reach the Christ Level. All of us were created in God's image and we were given the authority to have dominion over the fish of the sea, over the birds of the air, and over every living thing that moves on the earth (Gen 1:28). From this perspective, God already equipped us with everything we need to carry out any tasks to help others and to evolve.

One of the objectives in the GPE practice is to reach the level of Absolute Stillness so we can be connected to the Source. If everybody can access the Source, then all of us will get the same set of databases and instructions. It is similar to the assemblers in an aircraft manufacturing plant who may work on different parts of the jet, but all of them use the same blueprint.

It seems that we are either standing still or moving too slowly with the GPE development. With the message on Friday morning, the Lord helped me to know that each and every part is moving at its own pace. So, we cannot delay or rush or stop the process even if we want to because we do not see what they are doing at the cellular or subatomic levels, and how they work together in the spiritual realm.

The Lord gave me a clear and strong signal through the day from the early morning at the gym to the night in the hospital when a patient gave me a message that I had a calming presence. Also, the Lord gave a peaceful overnight shift to validate the confirmation message. Therefore, we may be idling or moving too slowly with the GPE development, but one piece of data from the Source can give us a quantum leap that we cannot even imagine! Anyway, they say the Lunar Year of the Cat is the year of hope... We will see what lies ahead. Nevertheless, I will follow the Lord's instruction which is to "*Be Still and Trust God.*"

Thank you,  
Vu Tran

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01/13/2023

Hello everybody,

I happened to see these video clips on YouTube on Wednesday night... They are quite interesting so I saved these links for my reference. Perhaps you may find them interesting or useful, too.

The bacterial flagellum caught my attention because we actually have these "biological nanomachines" inside. I remember from the Human & Universal Energy (HUE) Advanced Level 2 meditation class in 2003, Master Luong Minh Dang gave a technique to communicate and control the cells inside our body. The aim is to get these cells to work in harmony and help the body, instead of disrupting or destroying the body. These practitioners had to apply the daily exercise to have a level of self-control and balanced energy to effectively transmit the thought waves to these cells. It would be more relevant when the body is sick because of viral infection, or injured with minor or major problems.

Now, using the new approach with the Opening of the Intuitive Potential (IP) we can access God-Presence Energy (GPE) and we will definitely control these cells inside the body if we reach the GPE

Here are the links for your reference:

**Scientific case for Creationism**

<https://www.youtube.com/watch?v=pi1v6VSTHFw>

**Scientists beginning to doubt the Theory of Evolution**

<https://www.youtube.com/watch?v=GgbwySSd0PM&t=12s>

RESEARCH DOCUMENTS:

Bacterial Flagellar Axial Structure & its Construction

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5899737/>

Structural Conservation & Adaptation of the Bacterial Flagella Motor

<https://www.mdpi.com/2218-273X/10/11/1492>

*In Situ* Structure of the Vibrio Polar Flagellum Reveals a Distinct Outer Membrane Complex and Its Specific Interaction with the Stator

<https://journals.asm.org/doi/10.1128/JB.00592-19>

Thank you,

Vu Tran

01/05/2023

Hello everybody,

### **Image of a Lego Playroom**

After watching the Countdown on New Year's Eve, I went to sleep. In a dream, the Lord wanted to show me how all of us are connected together. So, I suddenly found myself in a Lego Playroom. First, we made a village with the farmers and animals. Later on, we wanted to make a train station with the conductor, engineers and passengers. We took apart the village and used these same Lego pieces to make the train station. Then, the next day we decided to make a cruise ship with the captain, sailors and vacationers. We took down the train station and used these pieces to make the cruise ship. In this playroom, we continue to use the same Lego pieces to make different things. In the same manner, our planet Earth is similar to this Lego playroom. Instead of Lego pieces, it has atomic particles (i.e., electrons, neutrons and protons). When our time is up, the body is broken apart (e.g., cremated or buried) and its atomic particles are back to Earth as we often say, "Ashes to ashes, dust to dust." These atomic particles will be re-assembled to create another body such as a plant, insect, animal, and so on. Based on this concept, we are all connected and planet Earth is a collection of "recycled atoms" that were here from the beginning with the original set of electrons, neutrons and protons. We used to think that we are different from each other because of our appearance, nationality or skin color, but at the sub-atomic level, we share the same electrons, neutrons and protons. God manages and takes good care of each atomic particle. Therefore, God gives the same level of attention to a bird as a human being because He carefully takes care of their atomic particles.

### **Learn to be still**

In August 2022, I received the applications of God's Invisible Hand (GIH) and God's Silent Voice (GSV). After I was asked and answered the Lord that I will reach 100% GPE Level or Christ Level on 08/13/2022, there were interesting events and developments.

On the first day of 2023, after the vision of the Lego Playroom, I was instructed to learn "to be still and trust God" because I have already received the GIH and GSV applications.

Before this moment, I usually took the proactive approach as I tried to follow the messages or signs in order to finish the tasks. But now, after receiving the concepts of GIH and GSV, I need to be "passive" and become an observer in order to see the subtle movements of God's Invisible Hand and listen better to God's Silent Voice. I used to think that we should proactively do everything within our human capacities and let God take care of the outcome or result. Since God gave us the freedom of choice, we should take the initiative and be responsible for our actions. I have followed this approach over the years as I worked hard and did everything I could to get the jobs done. Now the Lord shows me a new perspective through the concepts of GIH and GSV. I need to switch from the proactive to the passive mode if I want to discover the effects of GIH and GSV.

Whether we are proactive or passive, GIH and GSV are fully operational. GIH is always working in the background to manage all the atomic particles so they are well synchronized within the universe. GSV is constantly sending information to guide and help all living creatures in order to maintain a balance in the universe. God manages everything at the atomic or cellular levels, and these tiny movements eventually affect the development of the universe as well as the evolution of all living creatures. God speaks silently either with the inner voice coming from our subconscious mind, or through the dreams and visions, or by giving messages and signs along our path in life. Naturally, we can make our own decisions

as we think, speak or act. However, we only observe and analyze the things on the surface with the limited sensory systems of our physical body. We do not have the full data set that lies underneath. For example, we certainly do not know how the events are energetically connected together, or how each person plays a role in the chessboard of human evolution, or how the conditions only apply at a certain timeline in history, and so on.

Several months ago, I was given the concept of getting to the Absolute Stillness in order to find GIH and GSV or the Source. Now, I will operate in “passive mode” and be still.

Basically, I need to filter out the data coming from worldly chatters, physical temptations, emotional distractions, selfish ego and spiritual guide. I have found one effective way to do this and it is the continuous practice of meditation and prayer. I am constantly in meditation as I either focus on GPE concepts or transmit GPE whenever my mind is not preoccupied. Also, I continuously recite prayers mentally or verbally throughout the day, and it turns out to be a good exercise for my brain’s memory!

### **The Filtering System**

The Lord presented the concept of the Filtering System when I was refilling the water container at Walmart yesterday. This concept is profound and I need to remember it. Human beings cannot handle or receive the “raw structure” of God’s awesome ability and infinite knowledge. Our emotional and psychological conditions cannot manage the “raw form” of God’s awesome ability. We will be blinded and/or consumed by greed, power, and selfishness. Our brain cannot decipher the “raw data” of God’s infinite knowledge. Our brain operates in a 3-dimensional (3-D) world and works with a binary system (e.g., high/low, good/bad, right/wrong, and so on) or duality. God created the entire universe and He manages all the dimensions as well as all the data systems. Therefore, we need a Filtering System to extract the downloaded data that can benefit us. This Filtering System has the following layers: Humility, Openness, Truthfulness, Patience, Sacrifice, Stillness and Trust. The GPE practice begins with Humility, Openness and Truthfulness (or HOT). We need this HOT key to open the Intuitive Potential. Gradually, we develop patience and learn to sacrifice by taming our ego, controlling our selfishness and helping others. We will reach a point where we begin to reach a level of stillness in order to observe GIH and listen to GSV. When we really see how GIH operates and hears GSV from being still, just as a passive observer. At that point, we have total trust in God, and become an effective witness of His grace and love.

I wish to share these thoughts with you to start the New Year. If you have any further ideas or feedback, please let me know.

Have a wonderful New Year!

Vu Tran

01/12/2023

Hello GPE practitioners,

I captured these thoughts and shared with you.

### **Lego Playroom & Alignment/Synchronicity**

I continued to meditate on this concept and I got something: Wait for the “data block” which is the energy and space/time to be available and assigned to you. It depends on the priority of your role in the entire system.

Using the Lego Playroom's analogy, sometimes the piece we need is being used and we have to wait for it to be available. When the "data block" is not available, you cannot do anything although you really want to. As humans we have the tendency to be very anxious, hasty, or impatient. However, we have to follow a higher order/priority in which we referred to as the Divine Will or Mandate of Heaven. For example, an impatient driver can nudge, speed, or weave but he is not going anywhere when the traffic light is still red. God gives us total freedom, but we still have to follow the Cosmic Law. For example, I believed I have total freedom of choice and I was very immature as well as foolish. I decided to jump off a cliff because I wanted to fly like Superman. I could not fly! I had to follow the Law of Nature, and in this case, it is gravity. Therefore, we must know our capacities in order to work with the Source.

### **7-Layer Filtering System**

I am still thinking about the 7-Layer Filtering System and dig deeper into this process. It is interesting that we begin with Humility. I think a humble person can easily reach out and be accepted by others. The next layer is Openness. The open heart/mind allows us to access a wider range of information. Truthfulness is very important because if you still deceive yourself then how can you make progress on your evolution. The GPE practice requires Humility, Openness and Truthfulness or HOT in order to open the Intuitive Potential (IP). After applying and experiencing the effects of GPE, we can train ourselves to be more patient. In a sense, we develop a level of Self-Control as we become more aware of what we think, say and do.

The regular practice each would definitely help us to maintain focus or to be motivated. In my case, I constantly focus on GPE because I have observed how effective it is over the years. For example, I always focus my mind on how to feed my body, mind and soul with GPE, or how I can be more efficient with the GPE applications, or how I can expand my GPE range to benefit/help more people, and so on. Whenever my mind is not preoccupied, I just concentrate on these GPE-related thoughts. It is amazing to observe how GPE works to let us see its impact on our physical, emotional and spiritual health.

Many of us have problems with setting the priorities because we are distracted or preoccupied or stressed, and we cannot maintain our focus. But after observing the impact or effects of GPE, we will set our priorities and GPE becomes the top of our list.

When we set GPE as the top priority, we gradually become more patient as we observe how everything develops or happens around us. From this level of understanding, we begin to have a deeper meaning of sacrifice. We can sacrifice our own energy, space, time to help others.

Regarding stillness, we are still very immature or impatient as we always try to react too quickly. We often feel that we have to do something to retaliate, or we need to say something to protect our name or face, or we immediately give excuses to cover our

mistake. It takes a lot of efforts and energy to be still. When we can operate in "silent mode" we begin to discover various levels of stillness. Ultimately, we will reach the Source that can be found in the level of absolute stillness. At this point, we get the data information directly from the Source and it covers everything that includes space/time, the past, the present or the future.

### **Getting Energy & Data Downloads from the Source**

Last night, I had this vision and it is about getting the GPE or data downloads from the Source. In a dream I was a toddler and my parents gave me a cookie. It was incredibly good. Later on, my parents left this cookie crumb and it immediately caught my attention because I remembered how good it was. My parents continued to leave these cookie crumbs along the way on my journey through the years. The cookie crumbs were getting bigger as I grew up. I would see a cookie here or there, so I continued to follow the trail. Ultimately, I got to the food pantry and found the cookie jar! It was a nice and profound example. I woke up and meditated on it. This thought came and I captured everything here. It is about our exercise to get the GPE or data downloads from the Source. With the Opening of our Intuitive Potential, we can connect to the Source which is the infinite energy and database. From this perspective, we can have the abundant resource or total control over all elements or special abilities.

These reminding points came to my mind: Jesus feeds the multitude (Matthew 14:13-21, Mark 6:30-44); Jesus controls the weather (Matthew 8:23-27, Mark 4:36-41, Luke 8:22-25). Jesus talks about the ability of having faith as small as a mustard seed (Matthew 17:20-21). With my human brain, I thought of the "money tree" concept since we can connect to the Source of everything. But the Lord immediately reminded me of His advice on serving God and Money. In this particular case, we have abundant resource and it is about numerous opportunities for development or growth. It is definitely not about reaching the Source to get rich or to gain power or to be self-centered.

We need the 7-Layer Filtering System as a way to reach a consistent level of Self Control. Each of us should have a journal and record our progress. When we reach the Source and get the result in terms of positive energy vibrations or opportunities that came at the right time, we should record it down. The idea is to have a continuous practice and obtain consistent result. We can validate this process when we actually obtain 3 or more results. I was able to see 1 or 2 results when the opportunities just happened that caught my attention. It was just like a small piece of "cookie crumb" and that was enough to remind me. Last week, I walked in the gym and the thought of a station with the right weight would be ready for me even though it was crowded. It was encouraging when I actually saw it. The next time, I was thinking about this and it happened again. It was insignificant but I kept on my journal as I got these "cookie crumbs" and should pay attention to what is happening behind the curtain!!!!

We are about to celebrate the Lunar New Year of the Cat on 01/22/2023. The Chinese zodiac has the rabbit, but in Vietnam it is the cat. The cat is a symbol of longevity, peace and prosperity. This Lunar New Year of 2023 is predicted to be a year of hope. I send this message with my best wishes to all of you.

Happy Lunar New Year of the Cat.  
Vu Tran